

Arapahoe Basin Racing Guidelines

Lane Space, Setting and Take Down of Courses:

- Training lane assignments will be established and assigned by the Arapahoe Basin Race Department. Coaches, teams and or clubs should not under any circumstances deviate from lane assignments.
- Training lanes are for the expressed use of those individuals registered under the team assigned to that particular training space. Letting other athletes or teams jointly use that assigned space without the expressed permission of Arapahoe Basin Race Department is strictly forbidden, which means that all athletes who are joining the training must be listed on the original team roster which is submitted to Arapahoe Basin prior to training.
- Courses need to mirror each other so that adequate fall zones exist between courses and the edge of the trail.
- Arapahoe Basin makes B-net and padding available to race team coaches. It will be the race teams' coaches, based on the location of and setting of their training courses, to protect their athletes by erecting B-net and/or padding as they deem necessary.
- In a like manner, coaches are also responsible for take down and storing B-net and/or padding in Arapahoe Basin's designated locations. Arapahoe Basin is not responsible for the placement of any B-net or padding related to the Race Team's training activities.
- At the conclusion of training, teams should do a mass slip of their training run cleaning up the ruts and repair the snow surface.
- Teams should make certain that nothing is left in their training start area(s) including any trash/full or empty water bottles, etc.
- Training run must be clear of gates, b-nets, etc. and be open to the public one half hour after end of training.

Spring 2010 Training Times

- On weekdays, coaches may load the Exhibition Chairlift at 8:15 a.m. to set the course. On weekends, coaches may load at 7:45 a.m. to set the course.
- Athletes can load at 9 a.m. on weekdays, and 8:30 a.m. on weekends.
- Training times weekdays are 9 a.m. – 11 a.m., and weekends 8:30 a.m. – 10:30 a.m.
- Additional training times outside of the times listed above, will be arranged on a case by case basis only at the discretion of the Arapahoe Basin Race Department.
- Training times are subject to change as conditions and ski area operations warrant.

Safety

- All race team participants must follow Your Responsibility Code.
- Please ski safely in, and around, the guests of Arapahoe and make sure you make every effort to ensure the safety of your athletes while training at Arapahoe Basin.
- Coaches are responsible for the behavior of all participants and athletes.
- All participants must obey and follow all posted signage. "SLOW" signs mean just that, SLOW!
- Inappropriate behavior will not be tolerated and will result in possible expulsion of the individual and possibly the team. No refunds will be given for an expulsion.
- Athletes may not use bottom race closure as a finish line. All athletes must be slow and under control prior to exiting race lane closure.

Lift Tickets/Passes, Lift Loading Procedures, Equipment Storage, Misc.

- Lift tickets or passes should be properly worn and displayed at all times by all athletes, participants, and coaches. *~There is a \$5 charge for lost/forgotten Arapahoe Basin season passes, and a \$15 charge for lost/forgotten Vail Resorts passes. This charge must be rectified at the time replacement tickets are printed. THERE ARE NO EXCEPTIONS.*
- Purchased lift tickets are valid for skiing after training on that day.
- Group discounts available for lift tickets. Check www.arapahoebasin.com for more information.
- There are no line cutting privileges for athletes, coaches or participants.
- Unattended skis in the base area should be stowed in ski racks and not left on the snow where they may be a nuisance for other guests.
- ***We ask that athletes store their bags and packs in the lodge on the second floor and out of the main flow of traffic. Please do not leave skis, poles, bags, water bottles, etc., around the lift area. Clean up after yourselves!***
- Gates stored on the hill should not represent a hazard to the skiing public and be well out of the way of the grooming machines.

- Teams are required to notify Arapahoe Basin Racing Department daily about the number of bags of salt used for training. Teams are required to bring/acquire their own salt, and to transport it uphill themselves. Salt usage may be limited for environmental reasons.